

## Programs for Adults

Adult services range from brief therapy for individuals and couples to intensive supports for individuals with severe, persistent mental illness, as well as specific behavioral health interventions.



- Assessment & Brief Treatment
- Individual, Couples & Group Therapy
- Community Support Services
- Assertive Community Treatment Pilot Project
- Psychiatric Treatment
- Substance Abuse Treatment Program
- Batterer's Intervention Program

## Services to Specific Populations

Recognizing that certain groups of people require interventions to meet unique needs, the Center offers culturally and age appropriate services.

- Deaf Services Team
- Elder Services



## Child & Adolescent Program

Children and adolescents with emotional disorders require services designed to meet their individual mental health needs, supportive services for their families, and cooperative programming with their schools and other providers.

- Individual, Group & Family Therapy
- Young Adult Program
- Greater Nashua Supervised Visitation Center
- Children First/Child Impact Seminars
- Psychiatric Treatment



## Special Projects/Services

The Center has created a number of essential services and programs to address identified gaps in community's continuum of care. Many of these programs have been developed in collaboration with our provider partners.

- 24-Hour Emergency Services
- Homeless Outreach Services
- Community Connections Mental Health Court Project
- A Place to Live Housing Program
- Disaster Behavioral Health Response Team
- Center for Psychiatric Advancement, Inc.

### **Our Mission**

Greater Nashua Mental Health Center at Community Council works with the community to meet the mental health needs of its residents by providing evaluation, treatment, resource development, education, and research.

### **We Believe**

That the wellbeing of our community requires an integrated mental health system that serves its residents by preventing, treating and enhancing recovery from mental illness;

That eliminating the stigma surrounding mental illness and barriers to care is essential to ensuring access to mental health services and sustaining overall community health;

That employing state-of-the-art, evidence-based practices and treatments helps to improve the mental and emotional health of our community's individuals and families.

### **Fees**

Greater Nashua Mental Health Center accepts most insurance plans as well as Medicaid and Medicare. For those without insurance coverage, the Center offers a sliding fee scale based upon family size and income.

### **Appointments & Referrals**

For more information about services, payments options, or to make an appointment, call us at 889-6147. Evening and weekend appointments for most services are available.

***Greater Nashua Mental Health Center*** offers its services without discrimination with respect to age, sex, race, disability, national origin, religion, sexual orientation, insurance status or financial resources.

Serving Amherst, Brookline, Hollis, Hudson,  
Litchfield, Mason, Merrimack, Milford,  
Mont Vernon and Nashua



# **Greater Nashua Mental Health Center** at Community Council



*Strengthening Individuals, Families and  
Our Community Since 1920!*

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