

Our Mission

Greater Nashua Mental Health Center at Community Council works with the community to meet the mental health needs of its residents by offering prompt, professional evaluation and treatment, resource development, community education, and research.

We Believe

That the wellbeing of our community requires an integrated mental health system that serves its residents by preventing, treating and enhancing recovery from mental illness;

That eliminating the stigma surrounding mental illness and barriers to care is essential to ensuring access to mental health services and sustaining overall community health;

That employing state-of-the-art, evidence-based practices and treatments helps to improve the mental and emotional health of our community's individuals and families.

Programs & Services

Adult Outpatient Services, including
Individual and Group Therapy
Community Support Services
Substance Abuse Treatment Services
Batterer's Intervention Program
Vocational Services & Supported Employment

Child & Adolescent Program, including
Individual, Family & Group Therapy
Young Adult Program
Greater Nashua Supervised Visitation Center
Children First/Child Impact Seminars

Services to Special Populations, including
Deaf Services
Elder Services

Additional Services include
Community Connections Mental Health Court Program
A Place to Live Shared Housing Program
Center for Psychiatric Advancement, Inc.
Disaster Behavioral Health Response Team
24-Hour Emergency Services



Substance Abuse Treatment Program



Greater Nashua Mental Health Center
at Community Council

7 Prospect Street, Nashua, NH 03060
Phone 603-889-6147
www.ccofnashua.org

As human beings, our greatness lies not so much in being able to remake the world ... as in being able to remake ourselves.
– **Mohandas Gandhi**



The **consequences of alcohol and other drug addictions** affect millions of American families, many of them right here in New Hampshire. Recognizing the impact of substance use and addiction in the greater Nashua area,

as well as the limited treatment resources available locally, Greater Nashua Mental Health has developed a **specialized substance abuse treatment program** for individuals and families whose lives are affected by alcohol and other drugs.

The Center's **Substance Abuse Treatment Program** is an outpatient service for adults and their families. This program allows participants to remain fully engaged in their community while receiving quality treatment. Individual needs are assessed to determine the most effective treatment plan which usually will include a combination of treatments provided on at least a weekly basis.

Substance Abuse Treatment Services

- Individual Therapy
- Group Therapy
- Aftercare Counseling
- Pharmacological Treatment/ Management
- Substance Abuse Evaluations
- Interventions
- Family and Couples Counseling
- Dual Diagnosis Treatment



Appointments and Referrals

Call 603-889-6147 weekdays between 8 am and 4 pm and ask for the substance abuse treatment program. Evening appointments are available.

Fees

Costs vary based upon the level of service necessary. Most major insurance companies pay for outpatient treatment services with prior authorization. Greater Nashua Mental Health Center accepts most insurance plans. Call 603-889-6147 for more information on costs and payment options.

Greater Nashua Mental health Center offers its services without discrimination with respect to age, color, disability, national origin, race, religion, sex, or sexual orientation.