

When Substance Use and Mental Health Disorders Occur Together

Are you, or someone you know, struggling with substance use and a mental health disorder at the same time? We have a proven program to help!

Introducing the Integrated Dual Disorder Treatment (IDDT) program. We can bring hope and healing back into your life.

Left untreated, dual disorders often lead to challenges in many aspects of life including medical, family and employment problems. But there is hope. IDDT is an integrated treatment program that allows you to receive therapy for both substance use and mental health disorders at the same time, in the same place and with the same team of specially trained providers. IDDT meets you “where you are,” always making sure that your goals are our priority.

Are you ready to change your life? Ask your current provider to refer you to our program. We are here to help. Put us by your side and don't spend another day feeling that you are alone.



This program is part of a collaborative effort of the greater Nashua region Integrated Delivery Network (IDN3), funded by the Centers for Medicare & Medicaid through the NH Department of Health and Human Services.



Our Mission

Empowering people to lead full and satisfying lives through effective treatment and support.

About GNMH

Established in 1920, Greater Nashua Mental Health provides a wide array of affordable, results-based mental health and substance use disorder treatment services to individuals and families, so that each client can live life to the fullest. Services are provided in the office, the community and in the schools, and are available for people of all ages. No one is ever turned away due to inability to pay. We accept most insurances and will help you connect to insurance or other benefits you may be eligible for. We offer a sliding fee scale based on family size and income, if you qualify. GNMH primarily serves southern Hillsborough County but offers substance use disorder and Deaf services throughout the State of New Hampshire.

Walk-In Services

Take advantage of our walk-in services. Stop by:



440 Amherst Street, Nashua, NH 03063



Monday-Thursday: 8:00am - 11:30am

Contact Us to Learn More



Main Phone: (603) 889-6147

Emergency Services: (800) 762-8191

Deaf Services Video Phone: (603) 821-0073

www.gnmh.org

GNMH