

About Us

Greater Nashua Mental Health's mission is empowering people to live full and satisfying lives through effective treatment and support.

As the State-designated Community Mental Health Center for Southern Hillsborough County we provide an array of results-based mental health, substance use disorder and primary healthcare services to individuals of all ages. Our primary service area includes Nashua and the surrounding communities of: Amherst, Brookline, Hollis, Hudson, Litchfield, Mason, Merrimack, Milford and Mont Vernon. Our unique Deaf Services program provides services throughout the entire state of New Hampshire.

We are committed to providing excellent care to every one of our neighbors in need, with the goal of helping individuals and families live life to the fullest. We are here for you.



Our Offices

New Client Intake Services,
Older Adults Services,
Deaf Services,
Substance Use Disorder Services,
Additional General Adult Services

440 Amherst Street
Nashua, NH 03063

Child, Adolescent & Family Services

15 Prospect Street
Nashua, NH 03060

General Adult Services

7 Prospect Street
Nashua, NH 03060

Administrative Offices

100 West Pearl Street
Nashua, NH 03060

Contact Us

Main: (603) 889-6147

Intake Services: (603) 402-1574

24/7 Emergency/Mobile Crisis: (800) 762-8191

Deaf Services Video Phone: (603) 821-0073

Need an interpreter? Call:

Main Phone: (844) 245-4458

24/7 Emergency/Mobile Crisis: (844) 245-4545

www.gnmh.org

Greater Nashua

GNMH

Mental Health

HEALING STARTS WITH

HELLO

**Whatever you're going through,
we're here for you.**

Our Services

GNMH provides comprehensive mental health and substance use disorder services, through a number of programs including:

- New! Mobile Crisis Response
- Individual, Family and Group Therapy
- Integrated Services for Co-Occurring Mental Health and Substance Use Disorders
- Psychiatric Evaluation and Medication Management for Clients Engaged in Therapy
- Supported Employment Services
- Community Support Services
- Intensive Outpatient Program for Substance Misuse
- Child Impact Program for Parents
- Homeless Outreach Services and Housing
- Statewide Deaf and Hard of Hearing Services for All Ages
- Mental Health Court
- Drug Court

Julia's Story

SUPPORTED EMPLOYMENT SERVICES

Working keeps you young!
I used to feel so anxious I
couldn't even leave my house.
Now I'm working part-time
and couldn't be happier.



InteGreat Health



Treating the Whole You

We have joined together with **Lamprey Health Care** to introduce a collaborative health care program, integrating primary care, mental health, and substance use disorder services to make being healthy even more convenient.

GNMH clients are now able to schedule an appointment to receive primary health care services right in our building at **7 Prospect Street**, where many of our adult behavioral health services are already being delivered.

New! We have a specialized integrated healthcare program - ProHealth - for clients as young as 15. Clients can earn cash incentives and other perks as they work toward their health goals! ProHealth helps you stop smoking/vaping; get more exercise; lose weight and learn to eat a healthy variety of nutritious foods. To learn more, ask your provider or call us today!

Walk-In Services



Open Access: For Care When You Need It

For many individuals, face-to-face care is often the most effective method of support for mental health concerns. Our **Open Access Walk-In Services** provide a place to find the right level of care, right when you need it.

Interested in seeing how Greater Nashua Mental Health can help you or a loved one dealing with a mental health and/or substance use issue? Stop by our office at **440 Amherst Street** in Nashua and get to know our staff, our services, and our vision for the community.

 **440 Amherst Street, Nashua, NH 03063**

 **Monday-Thursday: 8:00am - 11:30am**