

## About Us

Greater Nashua Mental Health's mission is empowering people to live full and satisfying lives through effective treatment and support.

As the State-designated Community Mental Health Center for Southern Hillsborough County we provide an array of results-based mental health and substance use disorder services to individuals of all ages. Our primary service area includes Nashua and the surrounding communities of: Amherst, Brookline, Hollis, Hudson, Litchfield, Mason, Merrimack, Milford and Mont Vernon. Our unique Deaf Services program provides services throughout the entire state of New Hampshire.

We are committed to providing excellent care to every one of our neighbors in need, with the goal of helping individuals and families live life to the fullest. We are here for you.



## Our Offices

New Client Intake Services,  
Older Adults Services,  
Deaf Services,  
Substance Use Disorder Services,  
Additional General Adult Services

440 Amherst Street  
Nashua, NH 03063

Child, Adolescent & Family Services

15 Prospect Street  
Nashua, NH 03060

General Adult Services

7 Prospect Street  
Nashua, NH 03060

24/7 Mobile Crisis Response Team Services

5 Pine Street Extension  
Nashua, NH 03060

Administrative Offices

100 West Pearl Street  
Nashua, NH 03060

## Contact Us

Main Phone: (603) 889-6147

NH Rapid Response for 24/7 Behavioral Crisis

Support: Call or Text (833) 710-6477

or Chat at [NH988.com](https://www.nh988.com)

Deaf Services Video Phone: (603) 821-0073

Need an interpreter? Call (844) 245-4458

[www.gnmh.org](https://www.gnmh.org)

Greater Nashua

**GNMH**

Mental Health

HEALING STARTS WITH

**HELLO**

**Whatever you're going through,  
we're here for you.**

# Our Services

GNMH provides comprehensive mental health and substance use disorder services, through a number of programs including:

- 24/7/365 Mobile Crisis Response Team
- Individual, Family and Group Therapy
- Integrated Services for Co-Occurring Mental Health and Substance Use Disorders
- Psychiatric Evaluation and Medication Management for Clients Engaged in Therapy
- Supported Employment Services
- Community Support Services
- Intensive Outpatient Program (IOP) for Substance Misuse for Adults and Adolescents
- Child Impact Program for Parents
- Homeless Outreach and Housing Services
- Statewide Deaf and Hard of Hearing Services
- Mental Health in Schools
- Mental Health Court
- Drug Court

## Jerome's Story

ADULT SERVICES

I was depressed and feeling ashamed about my depression. Thanks to the services I received, I have a full-time job and am even dating and socializing.



# InteGreat Health



## Treating the Whole You

We partner with **Lamprey Health Care** to provide a collaborative health care program, integrating primary health care, mental health, and substance use disorder services to make being healthy even more convenient.

GNMH clients are able to receive primary health care services at **7 Prospect Street**, where many of our behavioral health services are already being delivered.

We also have specialized integrated healthcare programs - **ProHealth** and **InSHAPE** - for clients as young as 16. **ProHealth** clients can earn cash incentives and other perks as they work toward their health goals including stopping smoking/vaping and getting more exercise. **InSHAPE** clients work toward improving several health outcomes and social inclusion. To learn more, ask your provider or call us today!

# Walk-In Services



## Open Access: For Care When You Need It

For many individuals, face-to-face care is often the most effective method of support for mental health concerns. Our **Open Access Walk-In Services** provide a place to find the right level of care, right when you need it.

Interested in seeing how Greater Nashua Mental Health can help you or a loved one dealing with a mental health and/or substance use issue? Stop by our office at **440 Amherst Street** in Nashua and get to know our staff, our services, and our vision for the community.

 **440 Amherst Street, Nashua, NH 03063**

 **Please call ahead as availability may vary**